Classes Schedule

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning		**10:00 - 11:00** **Hatha Yoga** (all levels)		**10:00 - 11:00** **Hatha Yoga** (all levels)		**10:00 - 11:00** **Hatha Yoga*** * Community Yoga every 1st Saturday of a month, free of charge, requires registration	
Evening	**19:00 - 20:15** **Hatha Yoga** (all levels)	**18:00 - 19:00** **Vinyasa Flow** **19:30 - 21:00** **Dynamic Hatha Yoga** (Meditation, Kundalini Kriyas)	**18:00 - 19:00** **Yin Yoga** **19:30 - 21:00** **Hatha Yoga** (all levels)	**18:00 - 19:00** **Vinyasa Flow** (all levels) **19:30 - 21:00** **Dynamic Hatha Yoga** (Meditation, Kundalini Kriyas)	**18:00 - 19:00** **Vinyasa Flow** (all levels) **19:30 - 20:30** **Hatha Yoga** (all levels, chanting)		